## BOROUGH OF LEWES



## ANNUAL REPORT

OF THE

## Medical Officer of Health

**FOR** 

1937

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PUBLIC HEALTH OFFICE,

Town Hall,

LEWES.

June, 1938.

Mr. Mayor, Amdermen and Councillors,

I have the honour to present the Annual Report for the year 1937 drawn up in accordance with the instructions of the Ministry of Health. The Report of the Sanitary Inspector is embodied with it.

The general health of the town continues to be satisfactory. No epidemic illness occurred during the year, and the incidence of infectious diseases was low.

The Council will be satisfied to learn that the closest co-operation exists between the respective Departments concerned with the water supply which is analysed regularly and maintains its purity and high quality.

An account of the housing activities is given on p. 13. An interesting feature of the year's work has been the notable improvement in health in the families removed from clearance areas to the Winterbourne Estate.

I desire to acknowledge the valuable assistance given to me during the year by the Sanitary Inspectors.

I am.

Your obedient servant,

W. R. DUNSTAN,

Medical Officer of Health.

#### Public Health Staff:

Medical Officer of Health (part time): W. R. Dunstan, M.Sc., M.B., D.P.H. Sanitary Enspector (whole time): A. L. Vigar\*†

Additional Sanitary Inspector (whole time): K. Appleton\*† (from 11th January)

Temporary Assistant Sanitary Inspector (whole time): J. J. K. Helmer\* (to 17th April); C. T. E. Lockley\*† (10th May to 4th September)

Contribution to the salaries of these officers is made by Exchequer grants.

\*Sanitary Inspectors' Certificate.
†Meat and Food Inspectors' Certificate.

#### Hospital for Infectious Diseases

Nurse Matron: Mrs. Cowlam Caretaker, Mr. H. A. Cowlam

#### General Statistics

Area						1,981 acres
Resident Popu	ilation, 19	937 (R.G. e	stimate	d)		11,920
Number of in	habited	houses (end	d of 19	37), accor	ding to	0
Rate Boo	ks					3,467
Rateable Valu	e (estimat	ed)				£111,155
Sum represent	ted by a p	enny rate				£,445

#### Natural and Social Conditions of the District

The town is situated on the tidal River Ouse. The greater part is on the chalk, rising from the alluvium, at the lower part of the Town, 18 feet above high water mark to 380 feet above high water mark at the highest part of the Town.

The Town is largely residential, but Ironworks, Cement Works and Breweries provide occupation for a considerable industrial population.

There is no occupation particularly influencing the public health.

Unemployment in Lewes has been too slight in occurrence and degree to allow any conclusions as to its effect on nutritional state.

#### Extracts from Vital Statistics

Deaths from puerperal causes (Headings 29 and 30 of the Registrar General's Short List):

		Deaths	Rate per 1,000 Total Births
No. 29.	Puerperal sepsis	 ()	 () · ()()
No. 30.	Other puerperal causes	 ()	 $()\cdot()()$
	Total	 ()	 () - ()()

Deaths from Cancer (all ages)	 16
Deaths from Measles (all ages)	 ()
Deaths from Whooping Cough (all ages)	 ()
Deaths from Diarrhoea (under 2 years of age)	 ()

There has been no unusual or excessive mortality during the year.

#### Comparative Statistics

		1933	1934	1935	1936	1937
Population estimated middle of year	to	11,440	11,790*	11,850	11,910	11,920
Birth-rate per 1,000		11.51	10.76	11.13	13 · 43	13.26
Crude death-rate		13.02	11.36	11.30	13.77	13 · 50
Adjusted death-rate		10.42	9 · ()9	9.04	11.02	10.80
Death-rate per 1,000 fr Zymotic diseases (	ex-	1.7	2/	42	2.2	0.0
cluding consumption)		.17	· 26	.42	.33	•08
*		.34	.85	.75	• 50	· 34
Death-rate under 1 year 1,000 live births		55 · 11	39.68	53.03	50.00	44 · 30
Deaths over 65, percent of total deaths	age ··	59.73	60.09	62 · 12	58.53	65 · 21

<sup>\*</sup>The population figure for 1934 statistical purposes was 11,708. The variation was necessitated by the alteration of the Borough boundary during the course of that year.

#### Causes of Death in Lewes

#### CIVILIANS ONLY

Causes of D	eath			Males	Females
All causes			 	83	78
Scarlet Fever			 		1
Influenza			 	5	2
Tuherculosis of respi	iratory s	ystem	 	3	1
Other tuberculosis			 	2	1
Syphilis			 	1	
Cancer, Malignant D	isease		 	6	10
Diabetes			 	1	
Cerebral Hæmorrhag	ge, etc.		 	3	2
Heart Disease			 	26	23
Aneurism			 	1	
Other circulatory dis-			 	3	
Bronchitis			 	3	1
Pneumonia			 	3	7
Other respiratory dis	eases		 	1	1
Peptic ulcer			 	3	
Appendicitis			 	-	3
Other digestive disea	ses		 	3	3
Other liver diseases			 		1
Nephritis				2	6
Congenital causes, et	c.		 	3	1
Senility			 	5	8
			 	2	2
Other deaths from vi	olence		 	2	2
Other defined disease	es		 	5	3

# Birth-rates, Death-rates, Analysis of Mortality, Maternal Death-rates, and Case-rates for certain Infectious Diseases in the year 1937.

(Provincial figures based on Weeldy and Quarterly Returns)

			l nglavd and Wales	175 County Perox and Great Towns including Lord or	148 80 (% Lo (Revdert Pepelatins 28 000 tr 50 100 at 134 C ps; s	$ \begin{array}{c} L_{t} = n \\ L_{t} = st / n \\ c = rt \end{array} $	7 ( 11 )
				Rates p	ci 1,000 P 55	ıl. r on	
Births:-=							
Live . Still			() · ()()	14.9	15 · 3	13·3 0·5 F	1 - () - ‡
Deaths:							
All Causes			12.4	12.5	11-9	12.3	10.8
Typhoid and I Fevers			() - ()()	() - () ]	()-()()	() ()()	() - ()()
Smallpox			_	···	() ()(	(, (,,)	() ()
Measles			() - ()2	0.03	() - ()2	0 - 01	0.00
Scarlet Fever			0.01	0.01	() · () ]	0.01	()-()5
Whooping Cour			():()4	() - ()-1	() - ()3	0 · 0 6	() - ()()
Diphtheria			() - ()7	0.08	0.05	() - () 5	(1-()()
Influenza			0 · 45	0.39	() - +2	0.38	0.59
Violence			() · 54	() - 45	() +2	0.51	() - 67
Notifications:—							
Smallpox			0.00		() · ()()		
Scarlet Fever			2 · 33	2 · 56	2 · 42	2 - ()9	0.75
Diphtheria			1 · 49	1.81	1.38	1.93	0.59
Enteric Fever			0.05	() - ()6	() · ()+	() - () 5	() - ()()
Erysipelas			() - 37	0.43	() · 34	() - 44	() - 59
Pneumonia			1 · 36	1 · 58	1 · 20	1 · 18	() · 25
				Rates p	er 1,000 Live	Births	
Deaths under 1 year			58	62	55	f <sub>2</sub> ()	1-1
Deaths from Diar Enteritis under 2 j			5.8	7.9	3 · 2	12.0	() - ()()
				•	_		
Maternal Mortality: Peurperal Sepsi Others Total			$\left. \begin{array}{c} 0 \cdot 97 \\ 2 \cdot 26 \\ 3 \cdot 23 \end{array} \right\}$	Not	available		$\begin{cases} 0 \cdot 00 \\ 0 \cdot 00 \\ 0 \cdot 00 \end{cases}$
			Rate	es per 1,000 J	Cotal Births (i	.e. Live and S	Still)
Maternal Mortahty; Puerperal Sepsi Others Total	· is		$ \left.\begin{array}{c} 0 \cdot 94 \\ 2 \cdot 17 \\ 3 \cdot 11 \end{array}\right\} $	Not	avail (ble		$\left\{ \begin{array}{c} 0 \cdot 00 \\ 0 \cdot 00 \end{array} \right.$
Notifications: Peurperal Fever Peurperal pyres		}	13.93	17.50	11+52		24 · 54

#### Clinics and Treatment Centres

	Name	Situation	Nature of accommodation	Provided by
Maternity and Child Welfare Centre	Lewes	Town Hall	Ample	Voluntary. Nurse provided and receives grant through County Council
Infant Welfare	Lewes	Watergate	Ample	do.
School Clinic	Lewes	Market Tower	Waiting and consulting room, medical and dental	Lewes Education Authority
Orthopaedic	Lewes	Castlegate	Sufficient	East Sussex County Council
Tuberculosis	Lewes	Castlegate	Sufficient	East Sussex County Council
Venereal Disease	E. Sussex	Sussex County Hospital, Brighton	Out-patient or In-patient as required	East Sussex County Council
Nervous Disorders Clinic	Lewes	Victoria Hospital	Out-patient Department	East Sussex County Council

#### Laboratory Facilities

Specimens for bacteriological examination for Diphtheria and Enteric Fever are sent to the Clincial Research Association, London; material for Cerebro-Spinal Meningitis, to the pathological department of the Sussex County Hospital, Brighton. A letter sent to all medical practitioners in the Borough shewed the arrangements and procedure adopted.

The Council pay for these examinations, also for the supply of Diphtheria anti-toxin in most cases.

Examination of material for the detection of tubercle bacilli is undertaken generally by the Medical Officer of the East Sussex County Council.

Analysis of the Lewes water supply is made, bacteriologically and chemically, by Dr. S. Allinson Woodhead. Bacteriological examination of milk samples is also undertaken by him.

#### Hospitals

= = Service	Hospitals, etc.	-
General Medical	Sussex County, Brighton Lewes Victoria, Lewes	
General Surgical	Lewes Victoria, Lewes	
Children	Mexandra, Brighton	Beds are availabl
Maternity	Sussex Waternity Hospital, Brighton	as requisitioned under agreement with the flospital
Venereal Diseases	Sussex County, Brighton	Beds available in
Tuberculosis	Sanatorium, Robertsbridge	the Lewes Isola
Chronic Siek	Infirmary, Chailey Infirmary, Steyning	tion Hospital num ber 12. Permanen Staff, a matron.
Mental	Asylum, Hellingly Asylum, Haywards Heath	Additional nursing assistance is ob-
Mental Deficiency	Various Institutions	tained as required
Orthopædie	Heritage, Chailey	
Ear, Nose and Throat	Sussex Throat, Brighton	

#### Ambulance Facilities

Two motor ambulances are provided and maintained by the Conneil. One is used exclusively for infectious diseases; the other is for non-infectious sickness and accidents.

The ambulance service is available for the use of patients in districts outside the Borough at a fixed charge per mile run. The scale of charges adopted by the Council provides for the free use of the ambulance up to twenty miles when ordered through the private medical practitioner in the case of residents of the Borough. A special rate is charged for use by other public administrative bodies.

During the year 209 journeys were made covering 2,134 miles. Receipts amounted to  $\int 80$  8s. 6d.; repairs, running costs, etc.,  $\int 117$  2s. 6d. Owing to special circumstances the Committee modified the charges in one case.

#### Nursing in the Home

- (a) General. None provided by the Sanitary Authority, but services of District Nurses from the Lewes Nursing Association are available, and are voluntarily provided in cases of necessity; in other cases fees are charged according to the circumstances of the patient.
- (b) Infectious diseases (e.g., Measles). The Local Authority have authorised the provision of nurses in certain cases. There are private nurses residing in the town, and nurses can be obtained from Brighton and other towns, but there is no financial or other arrangements between them and the Local Authority.

#### Sanitary Circumstances

Hater Supply.—The water supply is derived almost entirely from the Lewes Corporation Waterworks. The Cliff Well and some private wells are still being used.

The Corporation Waterworks are situated at the south-west end of the Town. The water is pumped from the well into the four covered distributing reservoirs, i.e. Jubilee Park, The Race Hill (2) and Western Road. The supply is constant, of good quality and sufficient for the needs of the community.

Analyses of the water were made during the year. The Analyst reported that both chemically and bacterially this supply maintains its very high degree of purity and remains perfectly safe for drinking purposes and domestic use.

Drainage and Sewerage.—Water carriage system; a few houses only being connected to cesspools. The sewers were extended during the year on the Landport Estate.

The sewerage system provides for the converging of all sewers to a central station at Southerham, where the effluent, after the passing of the sewage through screens and settling tanks, is discharged into the River Ouse at suitable states of the tide.

Rivers and Streams.—No statutory proceedings to prevent pollution of rivers or streams were necessary during the year.

Closet Accommodation.—Practically all water closets; part hand flushed but chiefly by flushing cisterns. 20 flushing cisterns have been provided at existing premises during the year.

Scavenging.— The collection of house refuse is carried out once a week over the whole district by contract under the supervision of the Sanitary Inspector. The contract covers a five year period ending on 30th September 1940, and provides for the use of approved motor vehicles. The annual contract price is £1,150, with an additional charge of 8s. per house per annum for every five houses erected and occupied after 1st October 1935.

The disposal of the refuse takes place at the Council's Sewage Works on the outskirts of the town. After reduction by burning the residue is utilised in the sludge drying beds, and for filling up the low-lying adjacent ground.

#### REPORT OF THE SANITARY INSPECTOR

### Sanitary Inspection

(a) Visits and Inspecti	ons:					
Houses and premises inst	rected					3 E
Houses inspected						23.
Complaints attended to						15.
Visits to slaughter houses						E073
Visits to cowsheds and m						5.
Visits to bakehouses						10
Visits to fried fish and ot	her food s	hops				2.
Drains tested by smoke of						
Drains tested by water						1
Visits for re-inspections						119.
Visits for sundry purpose						11.
Visits under the Factory						10.
Visits under Shops Acts						1.5
Notices to Employers, re-						15
Visits, re sickness						11-
Patients removed to Hosp	oital		* *			21
Visits, re-disinfection						60
Visits to remove infected						30
	··					52
Sets of bedding, etc., disi	nfected	• •				20
Articles disinfected						184
Inspections of verminous		• •		• •		30
Visits re Pats and Mice J	nouses Sectruction	o Act 10				67
Visits to stables				• •	• •	51
Samples of water for anal				• •		51
Samples of milk	1919	• •				34
Visits re house refuse	• •	• •	• •	• •		114
Visits to Markats			• •	• •		29
Visits to Markets Inspections of Schools		• •	• •		• •	29 8
Inspections re Petroleum		• •	• •			
Inspections of Marine Sto		• •				- 05 3
			• •			27
Inspections of pig keeper'			• •	• •	• •	
Inspections of dwelling values of Urinals					• •	4 90
1	2.1			• •		
Notices to the Secretary I	taucation	Commit	tee		• •	9()
Notices to Parents		· ·	. VI. 1:	.1 ()(02)		113
Reports re Infectious Sie Health						2 -
						37
Notices served Condemned Food notes is						210
Condemned rood notes is	stied					139
(b) Nuisances abated an	id Repair	Works co	nried out:			
						15
				• •		
Drains relaid or repaired				• •	• •	<del>- 4</del> 9
						5
				• •		
W.C.s repaired or reconst	ricted		• •			26
W.C.s flushing apparatus			• •	• •		16
W.C.s cleansed					• •	12
· · · · · · · · · · · · · · · · · · ·						1 -

Soil pipes							3
Vent pipes							3
Fresh air inlets							5
Gully traps							19
Sinks					• •		8
Sink waste pipes				• •	• •		23
Eaves guttering a	nd rain v	ater pipe	s				20
Ashbins provided		The property of		• •	• •	• •	84
Cesspool cleansed				• •	• •		1
Yard paving			• •	• •	• •		24
Roofs		• •		• •	• •		21
Doors and door f	romes	• •	• •	• •		• •	12
Windows and fran				• •	• •		52
Ventilation in lieu				• •			17
Fireplaces and rai	r or mep	iaces	• •	• •			
Washing coppers				• •	• •		22
		• •		• •		• •	11
Floors Staircases				• •			25
	 		• •	* *			28
Ceilings and inter			• •	• •			60
External wall plas		* *		• •			16
		1.1.1		• •			26
Internal water su		nded	0 0	• •			2
Dampness remed		• •					36
Overcrowding aba		• •					28
Rooms cleansed							36
Yards cleansed							12
Verminous houses							8
Cowsheds and da		nsed					2
Bakehouses cleans							1
Slaughterhouses of	deansed						1
Urinals cleansed							2
Accumulations re	moved						14
Accumulations or	manure	removed					5
Manure conveyan	ices not c	rovered					3
Animals improper	rly kept						6
Van dwellings im							1
Smoke Thate							ons

Smoke Abatement.—Twenty-six observations of smoke emissions were made, and 4 cautionary letters were sent. As other cases occurred in connection with exempted processes no action could be taken. The considerable nuisance from offensive fumes emitted from a cement works situated outside the Borough boundary was dealt with during the year by the Alkali Department of the Ministry of Health.

Rag Flock Acts, 1911 and 1928. No upholsterer in the Borough was found to be using flock other than that supplied under warranty. No

samples were taken.

Swimming Baths and Pools.— The open-air Swimming Bath at the Pells is Council owned. The bath capacity is 244,000 gallons, and is completely emptied and refilled fortnightly. Also the condition of the water is maintained by regular chlorination and the daily changing of a volume of the water approximating to one-sixth of the total bath capacity. Analysis of the bath water has shown it to be bacteriologically satisfactory. An open air swimming bath at the County Secondary School for Boys is used five days each week in the season. The water is changed weekly but is not chlorinated.

Eradication of Bed Bugs.—Eight instances of bug intestation were found during the year. No case was at Council owned property. All the above houses were disinfested by owners to the requirements specified by the Sanitary Inspector, i.e. thorough stripping of walls, the removal of skirtings, architraves, and other wooden fixtures from walls and treatment by plumbers blow lamp, disinfestation by efficient fumigation or vernucide solution, and subsequent repair, cleansing and distempering of plasterwork and repair and replacement of wooden fixtures where necessary. The houses and belongings of tenun's about to be rehoused from Clearance Areas are inspected prior to transfer to Council houses and arrangements made for disinfestation in case of any vermin found. The Council has apparatus for steam disinfection which is available for use in disinfesting bedding.

Schools. There are eight public elementary schools, two secondary schools and a number of private schools in the Borough. These are all adequately supplied with water from the town mains. Defective sunitary conditions are reported to the Local Education Authority for necessary attention as they arise. Routine medical inspections are held regularly and Clinics twice weekly. Exclusion from school in the case of infectious disease is based on the 1927 Memorandum (see Appendix on p. 21).

No school closure was necessitated during 1937.

#### Housing Statistics

Number of new houses erected during the year:	
(a) Total	134
(1) By Local Authority	62
(2) By other Local Authorities	
(3) By other bodies or persons	72
(b) Additional dwellings by conversion into flats	
1. Inspection of dwelling houses during the year:	
(1) Total number of dwelling-houses inspected for housing	
defects (under Public Health or Housing Acts)	233
Total number of inspections made	55+
(2) Number of dwelling-houses which were inspected and	
recorded under the Housing Consolidated Regulations,	
1925	185
Total number of inspections made	413
(3) Number of dwelling-houses found to be in a state so	
dangerous or injurious to health as to be unfit for human	
	86
habitation	
to under the preceding sub-heading) found not to be in	
all respects reasonably fit for human habitation	97
2. Remedy of Defects without Service of formal Notices:	
Number of defective dwelling-houses rendered fit in con-	
sequence of informal action by the Local Anthority or	
their Officers	89
3. Action under Statutory Powers:	
A. Proceedings under sections 9, 10 and 16 of the Housing	
\ct, 1936.	
(1) Number of dwelling-houses in respect of which	
notices were served requiring repairs	8
(2) Number of dwelling-houses which were rendered	
fit:	
(a) by owners	8
(b) by Local Authority in default of owners	-

	B. Proceedings under Public Health Acts.  (1) Number of dwelling-houses in respect of notices were served requiring defects to be ren	which	
	(2) Number of dwelling-houses in which defects remedied:	were	
	(a) by owners (b) by Loeal Authority in default of owners		_
	C.—Proceedings under sections 11 and 13 of the Ho Act, 1936.	ousing	
	(1) Number of dwelling-houses in respect of Demolition Orders were made		2
	(2) Number of dwelling-houses demolished in suance of Demolition Orders	pur-	9
	1).—Proceedings under section 12 of the Housing Act, (1) Number of separate tenements or undergrooms in respect of which Closing Orders	1936. round were	
	made (2) Number of separate tenements or underg rooms in respect of which Closing Orders determined, the tenement or room having rendered fit	were	
4.	Housing Act, 1936.—Part IV.—Overcrowding:		
	A. (1) Number of dwellings overcrowded at the end		0.1
	the year		94 98
	(3) Number of persons dwelling therein		551
	B. Number of new cases of overcrowding reported of year		3
	C. (1) Number of cases of overcrowding relieved of	luring	
	the year		19 95
	D. Particulars of any eases in which dwelling-houses again become overcrowded after the Local Authorse taken steps for the abatement of overcrown	hority	_
5.	Unhealthy Areas.		
	Wife our control of the control of t	1 1 1 1	

Fifteen unhealthy areas were dealt with at a Public Inquiry held in September. The Minister of Health confirmed Orders requiring the demolition of 67 houses in the Union Place, Chapel Hill (No. 1), Fleets Passage, South Street (Hill Cottage), South Street (The Green). Bates Cottages, North Court, Foundry Lane, Greens Passage, Norfolk Street, White Hill, Walwers Lane (No. 1), South Parade, St. Pancras Lane and Southover High Street Areas.

Six further unlicalthy areas comprising sixty dwelling houses were

represented.

The new housing estate at Winterbourne and the block of flats at South Place were both completed and occupied by families from the clearance areas during the year.

#### Inspection and Supervision of Food

(a) Milk Supply.—The greater supply of the milk is drawn from farms outside the Borough. There are three cowkeepers with 35 cows, and 19 retailers registered within the Borough. Three retailers held licences under the Milk (Special Designations) Order, 1936, for the sale

of "Tuberculin Tested" milk. Sterilized bottled milk was sold at six premises. Premises were kept in a generally clean condition. Notices were served in two cases regarding unsatisfactory conditions. No milk was examined for visible dirt content, but 34 samples were submitted for bacteriological examination with the following results:

Satisfied Coliform and Methylene Blue tests		 18
Failed Cohform test only		 4
Failed Methylene Blue test only		 6
Failed Coliform and Methylene Blue tests	* %	 6
	1	

Acid fast organisms were not found in any sample.

Pus cells were present in one sample. Streptococci present in three samples. Staphylococci present in three samples.

(b) Meat and other Foods. Inspections of the seven registered slaughterhouses, also the butchers' and other food shops have been made regularly throughout the year, and satisfactory conditions maintained. Examination of careases and internal organs in the slaughterhouses was made on most occasions of slaughter, and 3 tons, 0 cwt., 0 qtrs. 4 lbs. of meat found unfit for human consumption was voluntarily surrendered by the owners on condemnation.

The following table shows details of meat condemned:

	Number of , parts of .					
,	DESCRIPT	10.			Tubercu- losis	Other causes
Beasts (whole carcase	, including	internal o	organs)		3	-
" (part carcase)					1	1
., Heads					22	
Tongues					22	-
Lungs					17	
,, Hearts					8	
., Livers					+	18
., Other organs					10	5
Calves (whole carease	, inclu ling	internal o	ergans)		2	
(part carease)						1
., Heads						
Tongues						
" Lungs						-
., Hearts						
., Livers						
., Other organs						
Sheep (whole carease	, including	internal r	organs)			[
., (part carcase)						[
., Heads						
Tongues						
Lungs						12
Hearts					W	
., Livers						[()
Other organs					_	
Pigs (whole carcase, i	ncluding ir	iternal ori	gans)		1.2	
., <u>П</u> eads					36	1
Tongues					1+	1
, Lames					17	32
,, Hearts					17	21
" Livers					20	82
Other organs					13	()

The number of animals found affected with tuberculosis is shown in the following table:

Total Animals		nals	Total number of Animals affected with Tuberculosis		Whole Carcase Condemned	Percentage	
Beasts		246	40	16.26	3	1.22	
Calves		338	2	0.59	2	0.59	
Sheep		1302				-	
Pigs		1560	52	3 - 33	12	0.77	

Unsound meat is either destroyed by incineration or disposed of to waste products merchants after treatment with disinfectants.

Other foods condemned and destroyed were 74 lbs. Cod fillets.

(c) Idulteration, etc.—Analysis under the Food and Drugs (Adulteration) Act, 1928, is undertaken by the East Sussex County Council. The Inspector, Mr. W. Chamberlain, has kindly furnished the particulars of samples taken: New Milk, 12, Pork and Beans, tinned, 1, Glace Cherries, bottled, 2, Honey, 1, Lemon Cheese, 1, Tomatoes, tinned, 1, and Dripping, 1.

One milk sample was deficient in fats. All other samples were genuine. No legal proceedings were taken during the year.

Nutrition.—The special work on Nutrition has been continued on the lines laid down in the 1933 report.

Children attending the elementary schools are provided with milk at a reduced price under the Milk Marketing Board Scheme. Pasteurised milk forms approximately half the total supplied.

#### Factory and Workshops Acts

TABLE REQUIRED BY HOME OFFICE

1. Inspection of Factories, Workshops and Workplaces

	,					
Premises			Inspecti	. 11	ritten Sotices	Occupiers Prosecutea
Factories			24		1	
(including Factory Laundries) Workshops (including Workshop Laundries)			18		2	
Workplaces (other than Outworkers' premises)			()()		6	
Notices $re$ Outworkers' lists			-		15	
Total			102		2+	
			Found	Remedied	to H.M Inspector	
Vuisances under the Public Health Acts: Want of cleanliness Want of ventilation Overcrowding Want of drainage of floors Other nuisances  Sanitary accommodation  Particulars  insufficient unsuitable or descriptions	    efective			Remedied  9	Referred to H.M	
Inot separate for Officees under the Factory and Workshop Illegal occupation of underground (s. 101)	bakel 	nouse			 	

#### Petroleum Act, 1928

- 63 visits were paid respecting the storage of Petroleum Spirit and Carbide of Calcium.
- 42 licences were authorised: 33 for storage of Petroleum Spirit, and 9 for Carbide of Calcium.

The total quantities that might be kept under these licences were petroleum spirit, 67,315 gallons; Carbide of Calcium, 3,724 pounds.

Fees amounting to £29 were received.

#### Rats and Mice Destruction Act, 1919

67 visits were paid under the Act, and advice given as conditions indicated. Copies of the advisory leaflet issued by the Ministry of Agriculture and Fisheries were distributed to occupiers of rat invaded premises.

The Council's refuse tipping area and the banks of the adjoining Cockshute Stream have received routine treatment throughout the year.

#### Notifiable Diseases during the Year

Disease	Total Cases Notified	Cases admitted to Hospital	Total Deaths
Diphtheria Scarlet Fever Erysipelas Pneumonia Puerperal Fever Ophthalmia Neonatorum	 7 9 7 3 3 4	7 9 5 —	1 10 —
Tuberculosis:  (a) Pulmonary	 9 1 10	4 1 —5	3 1 —4
(b) Non-Pulmonary $\begin{cases} Males \\ Females \\ Total \end{cases}$	 1 3 —4	1 — —1	2 1 —3

Most of the cases of Tuberculosis are notified; nearly all cases are referred by the medical attendant to the Tuberculosis Officer of the East Sussex County Council; these receive appropriate treatment according to the circumstances of each case. The houses of all known cases are visited, and any necessary sanitary work carried out. Cases not attending the Tuberculosis Clinic are urged to take advantage of its benefits. All deaths from Tuberculosis were of previously notified cases.

#### Distribution of Sickness

The cases of Diphtheria and Scarlet Fever were distributed throughout the year thus:

٠	Diphtheria	Scarlet Fever		Diplitt erri	Sca let Lever
January		J	July		
February		2	August		J
March	1	1	September		
April			October	1	
May	1	l	November	1	J
June		J	December		1

## Analysis of Infectious Diseases Notified and arranged in Age Groups

			Un- der 1 year	1 to 2	2 to 3	3 to 4	† 10 5	5 to 10	1() 1() 15	15 to 20	20 to 35	35 to 45	45 10 65	65 and over
Scarlet Fever							4	4	1					
Diphtheria					1	1		2		1	1	1		
Puerperal Fever					_						3			
Ophthalmia Neo	natoru	m	4	_										
Pneumonia				_	_	_			, —		1		2	
Erysipelas					1			_			2		2	2

#### Tuberculosis-New Cases and Mortality

		New	· Cases	Deaths				
	Pulm	Pulmonary Non-Pulmonary		Pulmonary		Non-Pulmona		
	71	F	М	F	М	F	M	F
0			1				1	
1							1	
5	2		_				Principal Control	
10	1		_				_	
15			_	1				1
20	1	_		1	1			
25	1				1	J		
35	2				1			
45	1			1				
55		J					_	
65 and upwards	1	_						
	()	1	<del>-</del>	3	3		)	1

#### Methods of Procedure in dealing with Infectious Disease

Notifiable Disease

On receipt of notification the house is visited and enquiries made into all the circumstances under which the sickness has arisen; also the conditions of the house and surroundings, milk supply, school and contacts, and any other information ascertained which would lead to the source of infection, and restrict the further spread of disease.

When the patient is removed to the Hospital for Infectious Diseases, which is always urged in the cases of Scarlet Fever, Diphtheria and Enteric Fever, and generally agreed to, the room is afterwards disinfected, by either spraying or fumigation, followed by the removal of the bedding, wearing apparel, etc., to the Council's Steam Disinfecting Station with a printed list of articles removed, which is signed by the owner on their safe return.

Stripping, etc. of walls is required according to circumstances, and thorough cleansing of rooms is urged in all eases.

A card is left with the parent or guardian containing instructions *re* visiting patient at the Hospital and the symptoms which should be regarded as being suspicious of infection in other members of the family.

A certificate, excluding the patient and contacts from Day and Sunday School, is left with the parent and also sent to the Secretary of the Education Committee.

Non-Notifiable Diseases (i.e. Chicken Pox, Measles, Whooping Cough, Scabies, etc.)

Notice is sent by the Head Teachers of the Elementary Schools to the Medical Officer of Health, on forms provided for the purpose, of any absentees from School owing to sickness arising from the above diseases, or other suspicious sickness.

The homes of these children are visited, the facts ascertained as nearly as possible, and exclusion certificates given to parents and teachers as the conditions indicate.

When it is found that no doctor is in attendance the parents are advised to obtain medical advice.

In the case of Scabies, special treatment of hot baths and application of Liquor Calcis Sulph. and Ung. Sulphuris (with disinfection of the clothing of School Children) is provided by the Council, the treatment being carried out by the School Nurse.

## Appendix—Incubation and Exclusion Periods of the Commoner Infectious Diseases

The following table showing the exclusion periods adopted in the Borough is included to assist head teachers and others to co-operate effectively in preventing the spread of infectious diseases. The table is adapted from that published in the Memorandum on Closure and Exclusion from School issued jointly by the Ministry of Health and the Board of Education.

Disease	Incubation	Interval between onset of	Period of	Exclusion
Discasc	period	illuess and appear- ance of rash	Patient	Contacts
Scarlet Fever	1-8 days	1-2 days	Three weeks after return from hospital, or in the case of patients treated at home, three weeks after release from isolation.	Two weeks after remova of patient to hospital, or in the case of patients at home two weeks after release from isolation.
Diphtheria	2-10 days :		Three weeks after end of attack; or until pronounced free from infection by a medical practitioner.	Two weeks after remova of patient to hospital or in the case of patients treated at home, ten days after release from isola- tion.
Measles	7-21 days	4 days	Three weeks from date of appearance of rash.	Other children, who have not had the disease three weeks from date of onset of last case in house.
German Measles .	5-21 days	0-2 days	Three weeks from the date of appearance of rash.	Other Children, who have not had the disease three weeks from date of onset of last case in house.
Whooping Cough	6-18 days		Six weeks from com- mencement of cough.	Infants only, for three weeks from date of last exposure to infection.
Mumps	12-23 days		Three weeks, or until one week after subsidence of swelling.	No exclusion.
Chicken Pox	11-21 days	0-2 days	Three weeks or until all scabs have disappeared.	Other children, who have not had the disease three weeks from the date of last exposure to infection.
Smallpox	10-14 but usually 12 days	3 days	Six weeks or until the patient is certified free from infection by a medical practitioner.	Sixteen days unless re- cently vaccinated, wher exclusion is unnecessary





